

Support Organisations



**In an emergency,
call 999**



Worried about a child?

Multi-agency Referral Unit (MARU)

0300 123 1116

Out-of-hours number 01208 251300

multiagencyreferralunit@cornwall.gov.uk



Support for children and young people is available from

Cornwall's Early Help Hub

(01872) 322 277

earlyhelphub@cornwall.gov.uk

NSPCC
0808 800 5000



Cornwall



Citizens Advice Cornwall who will be able to issue you with a **food bank voucher** - call **0800 144 8848**

Financial support or advice on care and support services for families

0808 208 2138

www.supportincornwall.org.uk



YOUNGMINDS

Support young people with the tools to look after their mental health

Parents helpline -

0808 802 5544

Young person -

Text SHOUT to 85258



free, safe & anonymous advice at kooth.com

shout
85258

"It's alright to ask for help"

SAMARITANS



116 123



0800 58 58 58
Helpline for men
www.thecalmzone.net

HOPELINE247

0800 068 4141

TEXT: 07860 039 967



PAPYRUS
PREVENTION OF YOUNG SUICIDE



Support for young people aged 11 to 25

youngpeoplecornwall.org

SAFER

FUTURES

0300 777 4777
Mon-Fri 9am-9pm
Sat- 9am-5pm

Ending Abuse in Cornwall & Isles of Scilly



LEARNING TOGETHER
CORNWALL EDUCATION LEARNING TRUST