

# WEEK 1 MENU

W/C: 15/04, 06/05, 17/06, 08/07, 09/09, 30/09, 21/10

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	RICE BOX	RICE BOX
<b>MON</b>	<b>Chicken Tikka Masala</b>   Served with Wholegrain Rice and Vegetables	<b>Roasted Rainbow Vegetables</b>  
	BURGER BAR	BURGER BAR
<b>TUE</b>	<b>Double Beef Burger</b> Served with Chipotle Wedges and Corn on the Cob	<b>Veggie Burger</b>  Served with Chipotle Wedges and Corn on the Cob
	HOT DELI	HOT DELI
<b>WED</b>	<b>Spicy Chicken Pitta</b> Served with Mixed Salad	<b>Sticky BBQ Quorn Pitta</b>  Served with Mixed Salad
	MAC SHACK	MAC SHACK
<b>THUR</b>	<b>Macaroni Cheese with Crispy Bacon</b> Served with Roasted Beetroot and Chickpea Salad and Crispy Onions	<b>Macaroni Cheese with Chipotle Sweetcorn</b>   Served with Roasted Beetroot and Chickpea Salad and Crispy Onions
	FRIDAY FAVOURITES	
<b>FRI</b>	<b>Battered Fish or Southern Fried Chicken Goujons</b> with Chips, Baked Beans and Peas	<b>Quorn Sausage Roll</b>  Served with Chips, Baked Beans and Peas


### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza  
Soup and Bread  
Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad    
Roasted Indian Chickpea Salad  

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette   
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap    
BBQ Chicken Wrap   
Chicken Caesar Wrap 

# WEEK 2 MENU

W/C: 22/04 , 13/05 , 03/06 , 24/06 , 15/07 , 16/09 , 07/10 , 28/10

## CHOICE One

## CHOICE Two

## GRAB & GO options

	CLASSICS	CLASSICS
<b>MON</b>	<b>Sausage and Mash</b> Served with Vegetables and Gravy	<b>Vegetarian Sausage and Mash</b> ♻️ ❤️ Served with Vegetables and Gravy
	PAN-ASIAN	PAN-ASIAN
<b>TUE</b>	<b>Mandarin Chicken</b> 🌿 Served with Wholegrain Rice, Peas and Crunchy Slaw	<b>Vegetable Donburi</b> ♻️ Served with Peas and Crunchy Slaw
<b>WED</b>	<b>Roast Chicken or Roast Chicken and Stuffing Baguette</b>	<b>Roast Quorn</b> ♻️ Served with Roast Potatoes, Vegetables and Gravy
	LOADED NACHOS	LOADED NACHOS
<b>THUR</b>	<b>Chilli Con Carne Nachos</b> ❤️ Served with Mixed Salad and Salsa	<b>Chilli No Carne Nachos</b> ♻️ ❤️ Served with Mixed Salad and Salsa
	FRIDAY FAVOURITES	FRIDAY FAVOURITES
<b>FRI</b>	<b>Southern Fried Chicken Wrap</b> Served with Chips, Baked Beans and Peas	<b>Cheese and Onion Pasty</b> ♻️ Served with Chips, Baked Beans and Peas

### HOT DISHES:

Paninis  
Pasta and Sauces  
Freshly Baked Pizza  
Soup and Bread  
Jacket Potato and Toppings

### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad 🌿 ♻️  
Roasted Indian Chickpea Salad ❤️ ♻️

### SANDWICHES/BAGUETTES:

Ham and Cheese Sandwich  
Chicken Salad Sandwich  
Cheese Baguette ♻️  
Tuna Mayo Baguette  
BLT Baguette

### WRAPS:

Pepper and Houmous Wrap ♻️ 🌿  
BBQ Chicken Wrap 🌿  
Chicken Caesar Wrap 🌿

# WEEK 3 MENU

W/C: 29/04 , 20/05 , 10/06 , 01/07 , 22/07 , 02/09 , 23/09 , 14/10

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO *options*

	HOT DOGS	HOT DOGS
<b>MON</b>	<b>Classic New Yorker Hot Dog</b> Served with Chipotle Wedges and American Slaw	<b>Tropical Sunshine Hot Dog</b> ♻️ ❤️ Served with Chipotle Wedges and American Slaw
	STREET FOOD	STREET FOOD
<b>TUE</b>	<b>Chicken Shawarma Flatbread</b> Served with Mixed Salad	<b>Quorn Shawarma Pitta Pocket</b> ♻️ Served with Mixed Salad
	CLASSICS	
<b>WED</b>	<b>Roast Beef Meatballs or Mexican Beef Tortilla Pie</b> 🌿 ❤️	<b>Roast Veggie Balls</b> ♻️ Served with Mashed Potato, Peas and Gravy
	BUDDHA BOX	
<b>THUR</b>	<b>Nut-free Chicken Satay Buddha Box</b> 🌿 Served with Wholegrain Rice and Mixed Salad	<b>Vegetable Tikka Masala</b> 🌿 ❤️ ♻️ Served with Wholegrain Rice and Vegetables
<b>FRI</b>	<b>Battered Fish or Southern Fried Chicken Goujons</b> with Chips, Baked Beans and Peas	<b>Vegetable Fajita</b> ♻️ 🌿 or <b>Quorn Dippers</b> ♻️ with Chips, Baked Beans and Peas

### HOT DISHES:

**Paninis**  
**Pasta and Sauces**  
**Freshly Baked Pizza**  
**Soup and Bread**  
**Jacket Potato and Toppings**

### SALADS:

**Tuna and Sweetcorn Pasta Salad**  
**Pesto Pasta Salad** 🌿 ♻️  
**Roasted Indian Chickpea Salad** ❤️ ♻️

### SANDWICHES/BAGUETTES:

**Ham and Cheese Sandwich**  
**Chicken Salad Sandwich**  
**Cheese Baguette** ♻️  
**Tuna Mayo Baguette**  
**BLT Baguette**

### WRAPS:

**Pepper and Houmous Wrap** ♻️ 🌿  
**BBQ Chicken Wrap** 🌿  
**Chicken Caesar Wrap** 🌿