

Module/Unit of Learning	Taught During	What will students learn?	What enriching opportunities will students engage in?	Links to other Subjects
Health and wellbeing	Autumn Half Term 1	Peer influence, substance use and gangs Healthy and unhealthy friendships, assertiveness, substance misuse, and gang exploitation	<p>Key facts and why some people turn to substance abuse. How self-care is key, while being able to seek and give signposted help.</p> <p>What constitutes antisocial behaviour, the long- and short-term consequences for victims and perpetrators. While considering why people commit anti-social behaviour and the legal ramifications.</p> <p>The consequences of knife crime, why knife crime is difficult to prevent, and why young people become involved.</p>	Character Curriculum
Religion and Worldviews	Autumn Half Term 2	Contraception, Marriage and sexual relationships	<p>An understanding of Christian and Buddhist beliefs about contraception through interpreting quotes.</p> <p>Describing different faiths attitudes to marriage and sex explaining why for most faiths sex should happen within marriage using different opinions to justify their own viewpoint</p> <p>Describing different faiths attitudes to homosexuality and explain the Christian views on sex outside of marriage, while understanding the religious and non-religious stance on homosexuality</p>	Character Curriculum
Relationships	Spring Half Term 1	Respectful relationships Families and parenting, healthy relationships, conflict resolution, and relationship changes	<p>An understanding of different types of families and parenting, including single parents, same sex parents, blended families, adoption and fostering</p> <p>Identify, describe and explain</p>	Character Curriculum

			<p>the dangers and risks of leaving home and living on the streets, the possible long and short-term consequences and solutions and the signposting of places of help.</p> <p>Different types of 'non-traditional' relationships, explaining how we can take our best ideas for an inclusive and put them into practice. While analysing why western society moved towards a monogamous relationship between a man and a woman as being the norm and whether these 'traditional relationships' are actually superior.</p>	
Health and wellbeing	Spring Half Term 2	<p>Healthy lifestyle Diet, exercise, lifestyle balance and healthy choices, and first aid</p>	<p>Identify different eating disorders and their symptoms, ways on how keeping good mental health could help prevent eating disorders and how eating disorders can be treated.</p> <p>The reasons why some people think body positivity is always a good thing and why some people believe it presents problems, while using their own opinion surrounding body positivity and obesity and how it relates to both issues of physical and mental health.</p> <p>Body shaming, the different types, the consequences and how it affects self-esteem and why people do this.</p>	<p>Character Curriculum PE Food and nutrition Health and Social Care</p>
Relationships	Summer Half Term 1	<p>Intimate relationships Relationships and sex education including consent, contraception, the risks of STIs, and attitudes to pornography</p>	<p>Consent, what it means and the law surrounding it and how to make appropriate choices. What constitutes as sexual harassment and sexual violence and why these are always unacceptable.</p> <p>Ways pornography can be harmful, both to viewers and people involved in the industry. Structural changes to the brain which can happen from</p>	<p>Character Curriculum</p>

			<p>continuous viewing of pornography and how desensitization can ruin healthy sex lives.</p> <p>Common STIs, the symptoms and the best ways of preventing them. Explaining why using protection is so important and which method of protection best prevents each of the most common STIs</p>	
Religion and Worldviews	Summer Half Term 2	Family, Marriage and Divorce	Christian and Islamic beliefs about the family, marriage and divorce.	Character Curriculum

Pride

Respect

Success