






THIS WEEK'S Eats.

MMB EATS

WEEKS 1-3
MENU



	MON	TUE	WED	THUR	FRI
Hot Breakfast	Bacon Baguette Quorn Pattie, Cheese and Egg English Muffin 	Bacon Baguette Quorn Pattie, Cheese and Egg English Muffin 	Bacon Baguette Quorn Pattie, Cheese and Egg English Muffin 	Bacon Baguette Quorn Pattie, Cheese and Egg English Muffin 	Bacon Baguette Quorn Pattie, Cheese and Egg English Muffin 
Bagel and Toast Station	Toast with Spread	Toast with Spread	Toast with Spread	Toast with Spread	Toast with Spread
Paninis, Subs, Toasties & Baguettes	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from
Sandwiches	Your favourite sandwich fillings everyday!	Your favourite sandwich fillings everyday!	Your favourite sandwich fillings everyday!	Your favourite sandwich fillings everyday!	Your favourite sandwich fillings everyday!
Pizza/Pasta King	Margherita Pizza Pasta King	Margherita Pizza Pasta King	Margherita Pizza Pasta King	Margherita Pizza Pasta King	Margherita Pizza Pasta King

THIS WEEK'S *Eats.*

WEEK X
MENU

W/C: XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX,
XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX,

HOT BREAKFAST – ADDITIONAL COOKS



	MON	TUE	WED	THUR	FRI
Additional Options	Bacon And Egg English Muffin	Bacon And Egg English Muffin	Bacon And Egg English Muffin	Bacon And Egg English Muffin	Bacon And Egg English Muffin
	Bacon Bap	Bacon Bap	Bacon Bap	Bacon Bap	Bacon Bap
	Bacon & Egg Bap	Bacon & Egg Bap	Bacon & Egg Bap	Bacon & Egg Bap	Bacon & Egg Bap
	Vegetarian Sausage Bap	Vegetarian Sausage Bap	Vegetarian Sausage Bap	Vegetarian Sausage Bap	Vegetarian Sausage Bap











THIS WEEK'S Eats.

MMB – ADDITIONAL COOKS

WEEK X MENU

W/C: XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX,
XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX,



	MON	TUE	WED	THUR	FRI
Additional Bagel & Toasted	Toasted Bagel with Spread Jam Portion Toasted Teacake with Spread Toasted Cinnamon and Raisin Bagel with spread Toasted Multi Grain Bagel with spread	Toasted Bagel with Spread Jam Portion Toasted Teacake with Spread Toasted Cinnamon and Raisin Bagel with spread Toasted Multi Grain Bagel with spread	Toasted Bagel with Spread Jam Portion Toasted Teacake with Spread Toasted Cinnamon and Raisin Bagel with spread Toasted Multi Grain Bagel with spread	Toasted Bagel with Spread Jam Portion Toasted Teacake with Spread Toasted Cinnamon and Raisin Bagel with spread Toasted Multi Grain Bagel with spread	Toasted Bagel with Spread Jam Portion Toasted Teacake with Spread Toasted Cinnamon and Raisin Bagel with spread Toasted Multi Grain Bagel with spread
Additional Pizza	Cajun Chicken Sizzler Veggie Hot One Pizza  Vegan Margherita Pizza  Hawaiian Pizza	Cajun Chicken Sizzler Veggie Hot One Pizza  Vegan Margherita Pizza  Hawaiian Pizza	Cajun Chicken Sizzler Veggie Hot One Pizza  Vegan Margherita Pizza  Hawaiian Pizza	Cajun Chicken Sizzler Veggie Hot One Pizza  Vegan Margherita Pizza  Hawaiian Pizza	Cajun Chicken Sizzler Veggie Hot One Pizza  Vegan Margherita Pizza  Hawaiian Pizza
Additional Porridge & Bircher	Bircher Muesli: <ul style="list-style-type: none"> • Chocolate and Orange • Chocolate • Strawberry Porridge Porridge Toppers: <ul style="list-style-type: none"> • Banana • Apricot • Sultana 	Bircher Muesli: <ul style="list-style-type: none"> • Chocolate and Orange • Chocolate • Strawberry Porridge Porridge Toppers: <ul style="list-style-type: none"> • Banana • Apricot • Sultana 	Bircher Muesli: <ul style="list-style-type: none"> • Chocolate and Orange • Chocolate • Strawberry Porridge Porridge Toppers: <ul style="list-style-type: none"> • Banana • Apricot • Sultana 	Bircher Muesli: <ul style="list-style-type: none"> • Chocolate and Orange • Chocolate • Strawberry Porridge Porridge Toppers: <ul style="list-style-type: none"> • Banana • Apricot • Sultana 	Bircher Muesli: <ul style="list-style-type: none"> • Chocolate and Orange • Chocolate • Strawberry Porridge Porridge Toppers: <ul style="list-style-type: none"> • Banana • Apricot • Sultana

THIS WEEK'S Eats.

HEALTHY SNACKS – MUST COOKS & ADDITIONALS

WEEK X
MENU

W/C: XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX,
XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX, XX/XX,



	MON	TUE	WED	THUR	FRI
Must Cook	Pineapple Pot Watermelon Pot	Pineapple Pot Watermelon Pot	Pineapple Pot Watermelon Pot	Pineapple Pot Watermelon Pot	Pineapple Pot Watermelon Pot
Additional Options	Fruit and Cherry Yoghurt Pot	Fruit and Cherry Yoghurt Pot	Fruit and Cherry Yoghurt Pot	Fruit and Cherry Yoghurt Pot	Fruit and Cherry Yoghurt Pot
	Crudité with Houmous	Crudité with Houmous	Crudité with Houmous	Crudité with Houmous	Crudité with Houmous
	Grape Pot	Grape Pot	Grape Pot	Grape Pot	Grape Pot
	Fruit and Strawberry Yoghurt Pot	Fruit and Strawberry Yoghurt Pot	Fruit and Strawberry Yoghurt Pot	Fruit and Strawberry Yoghurt Pot	Fruit and Strawberry Yoghurt Pot
	Cucumber Sticks with Houmous	Cucumber Sticks with Houmous	Cucumber Sticks with Houmous	Cucumber Sticks with Houmous	Cucumber Sticks with Houmous
	Carrot Sticks with Houmous	Carrot Sticks with Houmous	Carrot Sticks with Houmous	Carrot Sticks with Houmous	Carrot Sticks with Houmous
	Fruit Salad Pot	Fruit Salad Pot	Fruit Salad Pot	Fruit Salad Pot	Fruit Salad Pot