THIS WEEK'S Eats.

FOOD UNION

WEEK 1 MENU	W/C: XX/XX,

AVAILABLE Daily

	COUNTER One	COUNTER Two	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad
MON	**Sweet and Sour Chicken** with Wholegrain Rice and Sweet Chilli Broccoli **Vegan Chow Mein** (V) with Sweet Chilli Broccoli	**Beef Lasagne** with Garlic and Herb Bread and Peas	**Baked beans** (V) **Cheese** (V) **Tuna Mayo** **Salmon Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)	**Steak Pasty** **Cheese and Onion Pasty** (V) **Vegan Sausage Roll** (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
TUE	**Beef Burger** or **Feta and Beetroot Burger** (V) With Baked Garlic and Herb Potato Wedges, Coleslaw and Sweetcorn	**Spicy Chicken Pitta** with Chilli Sauce, Tomato Rice and Crunchy Raw Slaw	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V) (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
WED	**Roast Turkey** or **Vegetable Pastry Slice** (V) with Roast Potatoes, Carrots, Cabbage and Gravy **Roast Turkey Yorkie Wrap**	**Chipotle Chicken Burrito** with Sweetcorn	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)	**Steak Pasty** **Cheese and Onion Pasty** (V) **Vegan Sausage Roll** (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
THUR	**Chicken Tikka Masala** or **Yellow Vegetable Curry** (V) with Wholegrain Rice and Sweetcorn	**Sweet Chilli Chicken Noodles** with Stir Fried Veg	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
FRI	**Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans** Or **Dirty Fries with Coleslaw** (V)	**BBQ Chicken Mac N Cheese** with Broccoli	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**

(V) Vegetarian Nudge

THIS WEEK'S Eats.

FOOD UNION

WEEK 2 MENU	w/c: xx/xx,

AVAILABLE Daily

	COUNTER One	COUNTER Two	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad
MON	**Topped Mac N Cheese** (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower) V with Sweetcorn	**Chipotle Chicken Soft Taco** with Mexican Yellow Rice and Sweetcorn	**Baked beans** V **Cheese** V **Tuna Mayo**	**Herby Tomato Pasta** V **Margherita Pizza** V		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
TUE	**Beef Lasagne or Vegetable Lasagne** V served with Garlic & Herb Bread & Broccoli & Peas	**Sweet Chilli Chicken Noodles** with Stir Fried Veg	**Baked beans** V **Cheese** V **Tuna Mayo**	**Herby Tomato Pasta** V **Margherita Pizza** V		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
WED	**Roast Pork with Stuffing & Apple or Sweet Potato & Chickpea Roast** V with Roast Potatoes, Carrots, Cabbage and Gravy **Roast Pork Yorkie Wrap**	**Beef Burger** with Garlic and Herb Potato Wedges and Coleslaw	**Baked beans** V **Cheese** V **Tuna Mayo**	**Herby Tomato Pasta** V **Margherita Pizza** V	**Steak Pasty** **Cheese and Onion Pasty** V **Vegan Sausage Roll** V	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
THUR	**Cajun Chicken Sandwich or Chicken Pitta** with a choice of Sauces **Blackeye Bean Veggie Burger** V with Fajita Wedges, Corn Slaw & Sweetcorn	**Chicken Korma** with Wholegrain Rice and Cucumber Raita	**Baked beans** V **Cheese** V **Tuna Mayo**	**Herby Tomato Pasta** V **Margherita Pizza** V		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
FRI	**Battered Fish** **Breaded Chicken Strips** **Vegan Sausage Roll** V with Chips, Baked Beans and Peas	**Chicken Burrito** with Broccoli	**Baked beans** V **Cheese** V **Tuna Mayo**	**Herby Tomato Pasta** V **Margherita Pizza** V	**Steak Pasty** **Cheese and Onion Pasty** V **Vegan Sausage Roll** V	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**

V Vegetarian Nudge

THIS WEEK'S Eats.

WEEK 3 MENU	w/c: xx/xx,

FOOD UNION

AVAILABLE Daily

	COUNTER One	COUNTER Two	Jackets	Pizza and Pasta	Hot Snacks	Paninis, Subs, Toasties and Baguettes	Sandwiches	Salad
MON	**Pulled Beef Burrito** or **Veggie Burrito** with Sweetcorn (V)	**Topped Mac N Cheese** (BBQ Chicken, Cajun Pulled Pork or Crispy Cauliflower) with Sweetcorn (V)	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
TUE	**Cajun Chicken Sandwich or Chicken Pitta** with a choice of Sauces Or **Incredible Burger** with Chipotle Wedges (V), Sweetcorn Slaw & Peas	**Chicken Chow Mein** with Stir Fried Veg	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)	**Steak Pasty** **Cheese and Onion Pasty** (V) **Vegan Sausage Roll** (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
WED	**Roast Glazed Ham** or **Cheesy Veg Pie** with Roast Potatoes (V), Carrots, Cabbage and Gravy **Roast Gammon Yorkie Wrap**	**New York Quorn Dog** with Paprika Wedges (V) and Apple Slaw	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
THUR	**Thai Red Chicken Curry** or **Vegan Thai Green Vegetable Curry and Wholegrain Rice** (V) with Lime Spiced Sweetcorn	**Beef Lasagne** with Garlic & Herb Bread and Broccoli	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)	**Steak Pasty** **Cheese and Onion Pasty** (V) **Vegan Sausage Roll** (V)	Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**
FRI	**Battered Fish or Breaded Chicken Strips with Chips, Peas and Baked Beans** Or **Dirty Fries with Coleslaw** (V)	**Mexican Chicken Quesadilla** with Lime and Coriander Rice and Corn Slaw	**Baked beans** (V) **Cheese** (V) **Tuna Mayo**	**Herby Tomato Pasta** (V) **Margherita Pizza** (V)		Delicious, hot range of paninis, toasties, subs and baguettes for you to choose from.	Your favourite sarnie fillings everyday!	**Chicken and Bacon Pasta Salad** **Tuna and Sweetcorn Pasta Salad**

(V) Vegetarian Nudge

THIS WEEK'S Eats.

WEEK X MENU	w/c: xx/xx,

FOOD UNION

ADDITIONAL JACKET POTATO FILLINGS

	MON	TUE	WED	THUR	FRI
Week One - Three			Bolognese		

Vegetarian Nudge

THIS WEEK'S Eats.

MAIN MEAL UPSELLS

WEEK X MENU	w/c: xx/xx,

FOOD UNION

	MON	TUE	WED	THUR	FRI
Week One	Mixed Side Salad Corn On The Cob	Corn on the Cob Cheesy Tortilla Bites Chop Chop Side Salad	Cauliflower Cheese Corn on the Cob Mixed Side Salad	Naan Bread Chop Chop Side Salad Cucumber Raita	Mushy Peas Mixed Side Salad Corn on the Cob
Week Two	Chilli & Coriander Corn on the Cob Cheesy Tortilla Bites Chop Chop Side Salad	Corn on the Cob Mixed Side Salad	Cauliflower Cheese Corn on the Cob Chop Chop Side Salad	Chicken Wings Chilli & Coriander Corn on the Cob Naan Bread Mixed Side Salad	Mushy Peas Chop Chop Side Salad Corn on the Cob
Week Three	Cheesy Tortilla Bites Corn on the Cob Mixed Side Salad	Chicken Wings Chilli & Coriander Corn on the Cob Chop Chop Side Salad	Cauliflower Cheese Corn on the Cob Mixed Side Salad	Naan Bread Chop Chop Side Salad Corn on the Cob	Mushy Peas Corn on the Cob Mixed Side Salad

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THIS WEEK'S Eats.

WEEK X MENU	W/C: XX/XX,

FOOD UNION

SANDWICHES, SUBS, PANINIS, TOASTIES & BAGUETTES

All sandwiches available on white or brown

	SERVED DAILY			
Sandwiches – Must Cook	Cheese Sandwich (V) Ham Sandwich Chicken and Bacon Sandwich			
Additional Options	Egg Mayo Sandwich (V) Cheese Ploughman's Sandwich (V) Vegan Cheese Sandwich (V)	Cheese Salad Sandwich (V) BLT Sandwich Chicken Mayo Sandwich	Tuna Mayo Sandwich Cheese & Tomato Sandwich (V) Cheese & Pickle Sandwich (V)	Tuna & Sweetcorn Sandwich
Subs (Full Sized & Demi) – Must Cook One Only	Vegan Vege Ball Marinara Sub (V) Chicken Teriyaki Sub Chicken Tikka Sub	Ham and Chicken Melt Sub		
Paninis (Full Sized & Demi) – Must Cook	Ham & Cheese Panini Cheese & Tomato Sauce Panini (V)			
Additional Options	Chicken and Bacon Toastie Cheese and Bean Toastie (V) Tuna Melt Panini	Chicken Teriyaki Panini Vegan Cheese & Tomato Sauce Panini (V) Vegan Cheese & Bean Toastie (V)	BBQ Chicken Panini Ham & Cheese Toastie	
Baguettes (Full Sized & Demi) – Must Cook	BLT Baguette Ham Salad Baguette Cheese Baguette (V)			
Additional Options – Baguettes & Wraps	Vegan Cheese & Pickle Baguette (V) Chicken Mayo Baguette Tuna Mayo Baguette Chicken & Bacon Baguette	Tuna & Sweetcorn Baguette Cheese & Ham Baguette Cheese & Pickle Baguette (V) Ham Baguette	Cheese Salad Wrap (V) Pepper & Houmous Wrap (V) Tuna Crunch Wrap Chicken Salad Wrap	

(V) Vegetarian Nudge

THIS WEEK'S Eats.

WEEK X MENU	w/c: xx/xx,

FOOD UNION

SANDWICH/PANINIS/TOASTIES/SUBS/BAGUETTES- UPSELLS

	MON	TUE	WED	THUR	FRI
Must Cook	Mixed Side Salad	Chop Chop Side Salad	Mixed Side Salad	Chop Chop Side Salad	Mixed Side Salad
Additional Options	Baked Garlic & Herb Potato Wedges	Fajita Potato Wedges	Baked Garlic & Herb Potato Wedges	Cajun Potato Wedges	Baked Garlic & Herb Potato Wedges

V Vegetarian Nudge

THIS WEEK'S Eats.

WEEK X MENU	w/c: xx/xx,

FOOD UNION

SALADS & SIDES – ADDITIONALS

	MON	TUE	WED	THUR	FRI
Additional Options	Layered Cheddar Cheese Shaker Salad Chicken Tikka and Rice Shaker Salad Noodle and Jerk Chicken Shaker Salad Coronation Chicken Salad	Layered Cheddar Cheese Shaker Salad Chicken Tikka and Rice Shaker Salad Noodle and Jerk Chicken Shaker Salad Coronation Chicken Salad	Layered Cheddar Cheese Shaker Salad Chicken Tikka and Rice Shaker Salad Noodle and Jerk Chicken Shaker Salad Coronation Chicken Salad	Layered Cheddar Cheese Shaker Salad Chicken Tikka and Rice Shaker Salad Noodle and Jerk Chicken Shaker Salad Coronation Chicken Salad	Layered Cheddar Cheese Shaker Salad Chicken Tikka and Rice Shaker Salad Noodle and Jerk Chicken Shaker Salad Coronation Chicken Salad

V Vegetarian Nudge

THIS WEEK'S Eats.

WEEK X MENU	w/c: xx/xx,

FOOD UNION

HEALTHY SNACKS – MUST COOKS & ADDITIONALS

	MON	TUE	WED	THUR	FRI
Must Cook	Pineapple Pot Watermelon Pot	Pineapple Pot Watermelon Pot	Pineapple Pot Watermelon Pot	Pineapple Pot Watermelon Pot	Pineapple Pot Watermelon Pot
Additional Options	Fruit and Cherry Yoghurt Pot Crudités with Houmous Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Houmous Carrot Sticks with Houmous Fruit Salad Pot	Fruit and Cherry Yoghurt Pot Crudités with Houmous Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Houmous Carrot Sticks with Houmous Fruit Salad Pot	Fruit and Cherry Yoghurt Pot Crudités with Houmous Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Houmous Carrot Sticks with Houmous Fruit Salad Pot	Fruit and Cherry Yoghurt Pot Crudités with Houmous Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Houmous Carrot Sticks with Houmous Fruit Salad Pot	Fruit and Cherry Yoghurt Pot Crudités with Houmous Grape Pot Fruit and Strawberry Yoghurt Pot Cucumber Sticks with Houmous Carrot Sticks with Houmous Fruit Salad Pot

V Vegetarian Nudge

THIS WEEK'S Eats.

WEEK X MENU	w/c: xx/xx,

FOOD UNION

PASTA – ADDITIONAL COOKS & UPSELLS

	MON	TUE	WED	THUR	FRI
Pasta Additional Options	Arrabiata Pasta (V) Italian Chicken Pasta BBQ Chicken Pasta Carbonara Pasta Bolognese Pasta	Arrabiata Pasta (V) Italian Chicken Pasta BBQ Chicken Pasta Carbonara Pasta Bolognese Pasta	Arrabiata Pasta (V) Italian Chicken Pasta BBQ Chicken Pasta Carbonara Pasta Bolognese Pasta	Arrabiata Pasta (V) Italian Chicken Pasta BBQ Chicken Pasta Carbonara Pasta Bolognese Pasta	Arrabiata Pasta (V) Italian Chicken Pasta BBQ Chicken Pasta Carbonara Pasta Bolognese Pasta
Pizza Additional Options	Cajun Chicken Sizzler Pizza Hawaiian Pizza Bacon Pizza Veggie Hot One Pizza (V) Vegan Margherita Pizza (V)	Cajun Chicken Sizzler Pizza Hawaiian Pizza Bacon Pizza Veggie Hot One Pizza (V) Vegan Margherita Pizza (V)	Cajun Chicken Sizzler Pizza Hawaiian Pizza Bacon Pizza Veggie Hot One Pizza (V) Vegan Margherita Pizza (V)	Cajun Chicken Sizzler Pizza Hawaiian Pizza Bacon Pizza Veggie Hot One Pizza (V) Vegan Margherita Pizza (V)	Cajun Chicken Sizzler Pizza Hawaiian Pizza Bacon Pizza Veggie Hot One Pizza (V) Vegan Margherita Pizza (V)
Sides	Mixed side salad Coleslaw Baked Garlic & Herb Potato Wedges	Mixed side salad Coleslaw Baked Garlic & Herb Potato Wedges	Mixed side salad Coleslaw Baked Garlic & Herb Potato Wedges	Mixed side salad Coleslaw Baked Garlic & Herb Potato Wedges	Mixed side salad Coleslaw Baked Garlic & Herb Potato Wedges

(V) Vegetarian Nudge

THIS WEEK'S Eats.

WEEK X MENU	w/c: xx/xx,

FOOD UNION

BAKERY– MUST COOKS & ADDITIONAL ITEMS

	MON	TUE	WED	THUR	FRI
Bakery Must Cook	Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle	Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle	Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle	Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle	Chocolate Brownie Iced Bun Jam Doughnut Blueberry Muffin Chocolate Crispy Bar Sweet Waffle
Additional Options	Shortbread Individual Victoria Sponge Carrot Cake Orange Drizzle Muffin Lemon Drizzle Muffin Apple Muffin Raspberry Flapjack Muffin Oat Cookie Fruit Flapjack	Shortbread Individual Victoria Sponge Carrot Cake Orange Drizzle Muffin Lemon Drizzle Muffin Apple Muffin Raspberry Flapjack Muffin Oat Cookie Fruit Flapjack	Shortbread Individual Victoria Sponge Carrot Cake Orange Drizzle Muffin Lemon Drizzle Muffin Apple Muffin Raspberry Flapjack Muffin Oat Cookie Fruit Flapjack	Shortbread Individual Victoria Sponge Carrot Cake Orange Drizzle Muffin Lemon Drizzle Muffin Apple Muffin Raspberry Flapjack Muffin Oat Cookie Fruit Flapjack	Shortbread Individual Victoria Sponge Carrot Cake Orange Drizzle Muffin Lemon Drizzle Muffin Apple Muffin Raspberry Flapjack Muffin Oat Cookie Fruit Flapjack

Vegetarian Nudge

THIS WEEK'S Eats.

WEEK X MENU	W/C: XX/XX,

FOOD UNION

DESSERTS – HOT & COLD OPTIONS

COLD FRUIT BASED DESSERTS	WARM FRUIT BASED DESSERTS	SAUCE	COLD DESSERTS	WARM DESSERTS
Fruit Based Desserts to be served a minimum of twice per week	**Fruit Based Desserts to be served a minimum of twice per week**		**Without restrictions or minimum requirements**	**Without restrictions or minimum requirements**
Chocolate Slice **Banoffee Pie** **Fruit Slice** **Peaches with Homemade granola & Yoghurt**	**Apple and Blackberry Pie** served with Custard **Apple Cracknell** served with Custard **Banana and Berry Cobbler** served with Custard **Peach Shortcake Crumble** served with Custard **Pear Upside Down Cake** served with Custard **Summer Berry & Peach** **Oaty Crumble** served with Custard **Apple and Cinnamon Strudel** served with Custard	**Custard**	**Vanilla Ice Cream** **Chocolate Ice Cream** **Strawberry Ice Cream** **Raspberry Ripple** **Blueberry Frozen Yoghurt** **Mango Frozen Yoghurt** **Strawberry Frozen Yoghurt** **Secret Brownie** **Carrot & Banana Slice** **Vanilla and Blueberry Blondie** **Raspberry Yoghurt Cake** **Peach Slice**	**Lemon Drizzle Cake** **Banana Marble Cake** **Baked Orange and Vanilla Rice Pudding**

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