

Lunch Menu

This menu is available on the following weeks:
 28th October, 18th November, 9th December,
 13th January, 3rd February, 2nd March, 23rd March

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Chicken Chow Mein with Noodles	1/4Lb Cheese Burger Sweet Potato Wedges	Roast Pork with Sage and Onion Stuffing	Thai Green Curry	Jumbo Fish Fingers
	Roasted Vegetable and Egg Fried Rice Served with Salad and Prawn Crackers	Mac N Cheese Served with Coleslaw	Vegetable Crumble Served with Roast Potatoes, Seasonal Vegetables and Gravy	Roasted Vegetable Korma Served with Coconut Rice, Naan Bread and Cucumber Raita	Cheese and Tomato Frittata Served with Chips, Baked Beans, Garden Peas or Curry Sauce
Cold Counter	A selection of freshly made sandwiches, wraps, baguettes, boxed salads, deli bar and fruit salad bar				
Soup Station	Try our freshly made soup served with a selection from chilli flakes, sunflower seeds, pumpkin seeds accompanied by a selection of breads or croutons				
Pasta, Jacket Potatoes and Pizza	 Pasta and Jacket Potato Add your choice of toppings from our freshly prepared selection				
	Pizza and Panini Selection A choice of both meat and vegetarian choices available daily				
Dessert of the Day	Apple and Blackberry Turnover	Iced Bun	Viennese Apple Bake	Syrup Sponge with Custard	Chocolate Sponge with Chocolate Sauce

Some dishes may vary and are subject to availability.

Lunch Menu



This menu is available on the following weeks:
4th November, 25th November, 16th December,
20th January, 10th February, 9th March

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	Pepperoni Pasta Bake	BBQ Chicken	Roast Gammon	Chicken Tikka	Fishwich
	Roasted Vegetable Pasta Bake	BBQ Quorn	Vegetable and Bean Parcel	Sweet Potato, Spinach and Chickpea Curry	Cheese and Red Onion Quiche
	Served with Salad & Garlic Bread	Served in a Pitta Pocket with vegetable Rice and Coleslaw	Served with Roast Potatoes, Seasonal Vegetables and Gravy	Served with Fluffy Rice, Poppadum and Mango Chutney	Served with Chips, Baked Beans, Garden Peas or Curry Sauce
Cold Counter	A selection of freshly made sandwiches, wraps, baguettes, boxed salads, deli bar and fruit salad bar				
Soup Station	Try our freshly made soup served with a selection from chilli flakes, sunflower seeds, pumpkin seeds accompanied by a selection of breads or croutons				
Pasta, Jacket Potatoes and Pizza	Pasta and Jacket Potato Add your choice of toppings from our freshly prepared selection				
	 Pizza and Panini Selection A choice of both meat and vegetarian choices available daily 				
Dessert of the Day	Pear Tart Tatin with Ice Cream	Sticky Ginger Cake	Apple Crumble and Custard	Victoria Sponge	Chocolate and Vanilla Pudding with Chocolate Sauce

Some dishes may vary and are subject to availability.

Lunch Menu

This menu is available on the following weeks:
 11th November, 2nd December, 6th January,
 27th January, 24th February, 16th March

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meals	<p>Sausage and Mash</p> <p>Quorn Sausages with Mash</p> <p>Served with Seasonal Vegetables and Gravy</p>	<p>BBQ Pulled Pork Served in a Brioche Bun</p> <p>Spicy Bean Burger served in a Brioche Bun</p> <p>Served with Potato Wedges and Coleslaw</p>	<p>Roast Chicken with Stuffing</p> <p>Quorn Roast with Stuffing</p> <p>Served with Roast Potatoes, Seasonal Vegetables and Gravy</p>	<p>Chicken Korma</p> <p>Butternut Squash and Lentil Korma</p> <p>Served with Pilau Rice, Naan Bread and Cucumber and Mint Raita</p>	<p>Breaded Fish Fillet</p> <p>Cheese and Potato Pie</p> <p>Served with Chips, Baked Beans, Mushy Peas and Curry Sauce</p>
Cold Counter	A selection of freshly made sandwiches, wraps, baguettes, boxed salads, deli bar and fruit salad bar				
Soup Station	Try our freshly made soup served with a selection from chilli flakes, sunflower seeds, pumpkin seeds accompanied by a selection of breads or croutons				
Pasta, Jacket Potatoes and Pizza	<p>Pasta and Jacket Potato</p> <p>Add your choice of toppings from our freshly prepared selection</p> <p>Pizza and Panini Selection</p> <p>A choice of both meat and vegetarian choices available daily</p>  				
Dessert of the Day	Strawberry Shortcake	Sticky Toffee Sponge with Toffee Sauce	Apple and Cinnamon Tart	Fruits of Forest Flapjack	Chocolate Pudding with Chocolate Sauce

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