



# First Aid and Defibrillation for Children

**A basic introduction to First Aid and Defibrillation for all children between the ages of 8 and 11**

## Syllabus

A range of subjects are covered including:

- What is First Aid?
- Defibrillation
- First Aid kits
- Recovery position
- Choking
- Resuscitation (CPR)
- DR ABC
- Wounds and bleeding
- Asthma
- Shock
- Safety
- Communication and contacting the emergency services

## Assessment

This is a non-regulated qualification and attendance is all that is required.

- No use of confusing terminologies
- Respect for the child's ability
- Educational and practical
- Instils the importance of helping someone who is poorly or injured



## STUDENT PACK INCLUDES

- 32 page fully illustrated A4 colour book including a cut-out 'Mini Medics' certificate
- A unique syringe pen in red or blue
- A 4 page worksheet with fun and educational activity