

Module/Unit of Learning	Taught During	What will students learn?	What enriching opportunities will students engage in?	Links to other Subjects
Relationships	Autumn Term 1	Students will learn the importance of healthy relationships and how to recognise unhealthy relationships. They will learn the impact of both positive and negative relationships on the child. Students will progress to learning about a healthy mind and body and identify ways this can be done. The aim is for students to understand the importance of planning for babies in terms of contraception, relationships, healthy body and mind and lifestyle choices,	Family trees- understanding where certain characteristics have been inherited from,  Drama sketch of healthy and unhealthy relationships	Class-relationships and contraception  Maths- measuring
Pregnancy and birth	Autumn Term 2- Spring 2	Students will begin by understanding the woman's menstrual cycle and identify most fertile times. They will then progress onto identifying the organs in the female and male reproductive system. How babies are made are discussed using scientific terminology to explain conception. Students will learn about the effects of pregnancy on mum and baby. Students will learn the different stages of baby development from zygote through to foetus. They will investigate how multiple babies are made to show differences between monozygotic and dizygotic multiples. Students will finish this section by exploring the different health professionals that all women and some women will come into contact with during their pregnancy journey. Students will begin spring 1 by being introduced to the importance of antenatal checks and identifying what options are available in Cornwall and elsewhere. They will be introduced to their local consultant unit and midwife led unit and know the difference between the two. Students will be able to recommend pain relief in labour under different circumstances. distinguish between the 3 stages of labour and what a normal and assisted birth would look like. They will watch different births through the programme 'One born every minute.'	Playdough reproductive system  Measuring developing fruit to compare developing baby sizes in the womb  One born every minute  Egg birthing activity using ping pongs	Science- reproductive system, multiple births

The first 6 months of life	Summer Term 1	Students will be introduced to new-born babies and the first checks. They will understand the roles of health professionals and family members when caring for a new-born. They will identify the babies needs and consider nutrition for the first 6 months. The students will learn the importance of breastfeeding for both mum and baby. Alternative feeding methods will be discussed and evaluated.	<p>Making up bottles-tasting formula</p> <p>Performing the checks on 'babies'</p> <p>Caring for a new-born- washing, sleeping, changing</p>	<p>Food and nutrition</p> <p>CLASS-developing healthy relationships, responsibility</p>
Nutrition for under 6 months	Summer Term 2	Students will complete their end of year test and plan, coordinate and evaluate a comparison of nutrition for babies under 6 months	Students will learn to research; compile information and present their findings	<p>Health and social care</p> <p>Computing</p>