

Curriculum Summary Document Year 7/8 – Core Physical Education

Pride

Respect

Success

Module/Unit of Learning	Taught During	What will students learn?	How does this help to build a broad and strong foundation?	Links to other Subjects
Rugby	Autumn Term	Students learn in Rugby by achieving from the criteria below: - Knowing what movement looks like (i.e. tackling or handling) - Knowing how to perform movements (i.e. tackling or handling) - Knowing what the rules are (i.e. the rules and etiquette of Rugby) - Knowing how to perform to the rules (i.e. being able to follow the rules and etiquette of Rugby) - Knowing what health and fitness means - Knowing how to participate in physical activity	In Physical Education students will: - Develop student motor competency (the ability to create movement, or deliver skills in a technically correct fashion) - Rules, strategies and tactics (understanding of rules, regulations and to show tactical nous) - Encouraging healthy active participation (including how to participate and the benefits of exercise).	English Science Maths Geography History CLASS

Netball Autumn Terr	Students learn in Netball by	In Physical Education	English
ACIONIII ICII	achieving from the criteria below: - Knowing what movement looks like (i.e. ball handling and specific types of pass) - Knowing how to perform movements (i.e. ball handling and specific types of pass) - Knowing what the rules are (i.e. the rules and etiquette of Netball) - Knowing how to perform to the rules (i.e. being able to follow the rules and etiquette of Netball) - Knowing what health and fitness means - Knowing how to participate in physical activity	students will: - Develop student motor competency (the ability to create movement, or deliver skills in a technically correct fashion) - Rules, strategies and tactics (understanding of rules, regulations and to show tactical nous) - Encouraging healthy active participation (including how to participate and the benefits of exercise).	Science Maths Geography History CLASS

Badminton	Autumn/Spring Term	Students learn in Badminton by achieving from the criteria: - Knowing what movement looks like (i.e. serving or forehand shots) - Knowing how to perform movements (i.e. serving or forehand shots) - Knowing what the rules are (i.e. the rules and etiquette of Badminton) - Knowing how to perform to the rules (i.e. being able to follow the rules and etiquette of Badminton) - Knowing what health and fitness means - Knowing how to participate in physical activity	In Physical Education students will: - Develop student motor competency (the ability to create movement, or deliver skills in a technically correct fashion) - Rules, strategies and tactics (understanding of rules, regulations and to show tactical nous) - Encouraging healthy active participation (including how to participate and the benefits of exercise).	English Science Maths Geography History CLASS

Strength and	Autumn/Spring	Students learn in Strength and	In Physical Education	English
Conditioning	Term	Conditioning by achieving from the criteria: - Knowing what movement looks like (i.e. body weight squat or a deadlift) - Knowing how to perform movements (i.e. bodyweight squat or a deadlift) - Knowing what the rules are (i.e. the rules and etiquette of \$&C - Knowing how to perform to the rules (i.e. being able to follow the rules and etiquette of \$&C) - Knowing what health and fitness means - Knowing how to participate in physical activity	students will: - Develop student motor competency (the ability to create movement, or deliver skills in a technically correct fashion) - Rules, strategies and tactics (understanding of rules, regulations and to show tactical nous) - Encouraging healthy active participation (including how to participate and the benefits of	Science Maths Geography History CLASS

Football	. •	ents learn in Football by		English
Football	. •	ieving from the criteria law: Knowing what movement looks like (i.e. long distance passing or tackling) Knowing how to perform movements (i.e. long distance passing or tackling) Knowing what the rules are (i.e. the rules and etiquette of Football) Knowing how to perform to the rules (i.e. being able to follow the rules and etiquette of Football)	students will: - Develop student motor competency (the ability to create movement, or deliver skills in a technically correct fashion) - Rules, strategies and tactics (understanding of rules,	English Science Maths Geography History CLASS

Hockey	Spring Term	Students learn in Hockey by	1	English
		achieving from the criteria	students will:	Science
		below: - Knowing what movement looks like (i.e. receiving the ball and dribbling) - Knowing how to perform movements (i.e. receiving the ball or dribbling) - Knowing what the rules are (i.e. the rules and etiquette of Hockey) - Knowing how to perform to the rules (i.e. being able to follow the rules and etiquette of Hockey) - Knowing what health and fitness means - Knowing how to participate in physical	- Develop student motor competency (the ability to create movement, or deliver skills in a technically correct fashion) - Rules, strategies and tactics (understanding of rules, regulations and to show tactical nous) - Encouraging healthy active participation	Maths Geograph History CLASS
		activity	(including how to participate and the	

Athletics	Summer Term	Students learn in Athletics by achieving from the criteria below: - Knowing what movement looks like (i.e. sprinting, jumping or throwing) - Knowing how to perform movements (i.e. sprinting, jumping or throwing) - Knowing what the rules are (i.e. the rules and etiquette of Athletics) - Knowing how to perform to the rules (i.e. being able to follow the rules and etiquette of Athletics) - Knowing what health and fitness means - Knowing how to participate in physical activity	In Physical Education students will: - Develop student motor competency (the ability to create movement, or deliver skills in a technically correct fashion) - Rules, strategies and tactics (understanding of rules, regulations and to show tactical nous) - Encouraging healthy active participation (including how to participate and the benefits of exercise).	English Science Maths Geography History CLASS

Cricket	Summer Term	Students learn in Cricket by	In Physical Education	English
		achieving from the criteria	students will:	Science
		below:	- Develop	Maths
		- Knowing what	student motor	Geograph
		movement looks like	competency	History
		(i.e. bowling, batting or fielding)	(the ability to create	CLASS
		- Knowing how to	movement, or	
		perform movements	deliver skills in	
		(i.e. bowling, batting or	a technically	
		fielding)	correct	
		- Knowing what the rules	fashion)	
		are (i.e. the rules and	- Rules,	
		etiquette of Cricket)	strategies and	
		- Knowing how to	tactics	
		perform to the rules (i.e.	(understanding	
		being able to follow the	of rules,	
		rules and etiquette of	_	
		Cricket)	and to show	
		- Knowing what health and fitness means	tactical nous)	
		- Knowing how to	- Encouraging healthy active	
		participate in physical	participation	
		activity	(including how	
		delivity	to participate	
			and the	
			benefits of	
			exercise).	