

Module/Unit of Learning	Taught During	What will students learn?	What enriching opportunities will students engage in?	Links to other Subjects
Health and wellbeing Living in the wider world	Autumn Half term 1	Building for the future Self-efficacy, stress management, and future opportunities Next steps career progression	How to balance ambition and unrealistic expectations, How to develop self-efficacy, including motivation, perseverance, and resilience. How to maintain a healthy self-concept, about the nature, causes and effects of stress, stress management strategies, including maintaining healthy sleep habits How to use feedback constructively when planning for the future. Reflection on Work Experience How to set and achieve SMART targets Effective revision techniques and strategies	Careers
Relationships	Autumn Half term 2	Communication in relationships Healthy Relationships, personal values, and relationship challenges	Communication, what we want and need in our relationships reflecting and using our core values.	

Health and wellbeing	Spring Half term 1 and 2	Independence Responsible health choices, and safety in independent contexts	Responsible health choices, and safety in independent context Blood, stem cell and organ donation, processes, involvement, and questions which might be asked. Surgical enhances are they a risk or necessary	Science
Relationships	Summer term	Families Different families and parental responsibilities, pregnancy, marriage and changing relationships.	Different types of families and their structures, the readiness for parenthood and positive parenting qualities	Technology

Pride

Respect

Success